

Association of Women Surgeons Annual Conference

October 21-23, 2023 Boston, MA







The **MISSION** of the Association of Women Surgeons:

AWS is a not-for-profit educational and professional organization whose mission is to inspire, encourage, and enable women surgeons to realize their professional and personal goals.

The **BRAND STATEMENT** of the Association of Women Surgeons:

There are still so many challenges facing women in surgery today: pay equity, ergonomics, family leave, healthcare reform, changes in academic medicine, resident education, and work-life balance. Many of these issues affect both men and women, majority and minority groups, and they affect our ability to do our jobs and live our lives well.

•Together we will address the issues affecting surgeons today.

- •Together we will build your future in surgery.
- •Together we will improve the lives of working surgeons.
- •Together we will prepare surgeons to be leaders.

The Association of Women Surgeons is a fellowship of surgeons who have dedicated their professional lives to surgery. We can provide you with mentorship, with opportunity, and with your help, a better future for all surgeons. *Why AWS? Because Together We Are Better.*

The **GOALS** of the Association of Women Surgeons:

Equity: AWS eliminates equity barriers for all surgeons. **Professional Development:** AWS promotes thriving surgeons at all career stages, in all practice models, and in their personal and professional lives. **Organizational Effectiveness:** AWS provides an innovative business model that ensures an inclusive, vibrant, and collaborative organization.

The **CORE VALUES** of the Association of Women Surgeons:

Integrity: We uphold the highest level of ethical behavior as evidenced by honesty, transparency, and dignity.

Community: We foster mentorship, sponsorship, and mutual support. **Inclusivity**: We aspire to include, promote and support all surgeons, and embrace diversity.

Theme & Objectives



The Association of Women Surgeons 2023 Annual Research Conference convenes on October 21-23, 2023, in Boston, MA.

The theme for the 2023 conference is *"Bringing it Back to You"*. The learning objectives for the conference are:

- •Recognize and practice self-agency to ensure the well-being and longevity of practice for surgeons
- •Recognize and practice self-advocacy for all women surgeons
- •Develop self-promotion skills and learn how and where to best apply

AWS 2023 Planning Committee

Dr. Kandace McGuire (Chair) Dr. Mia Diego (Vice-Chair) Dr. Chantal Reyna (Vice-Chair)

Dr. Nijmeh Alsaadi Dr. Natalia Correa Dr. Kristalyn Gallagher Dr. Courtney Gorrell Dr. Marion Henry Dr. Kayleigh Herrick-Reynolds Dr. Lydia Kersh Dr. Amy Kite Dr. Kimberly Lumpkins Dr. Kristin Lupinacci Dr. Shaminy Manoranjithan

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2023 Annual Conference



Friday, October 20, 2023	
Time	Session
3:00 - 7:00 PM	Registration

Saturday, October 21, 2023		
Time	Session	
6:00 AM - 7:00 PM	Registration	
7:00 AM - 4:00 PM	Professional Headshots	
6:00 AM - 7:00 PM	Surgeons' Lounge	
6: 45 - 7:45 AM	Continental Breakfast & Starr Poster Forum	
8:15 – 8:45 AM	Welcome and Personal Mission/Vision/Brand	
8:45 – 9:35 AM	Imposter Syndrome In the Modern Era	
9:35 – 10:00 AM	Moving Meditation & Core Value Exercise	
10:00 – 10:30 AM	Networking Break/Exhibit Hall	
10:30 - 11:20 AM	Coaching Lecture	
11:20 - 11:30 AM	Core Value Exercise	
11:30 AM – 12:15 PM	AJS Top Papers	
12:15 - 1:05 PM	Keynote Presentation	
1:10 - 1:40 PM	Book Signing/Exhibit Hall/Networking Break	
1:40 – 3:00 PM	Business Meeting/Lunch/Group Photo	
3:00 - 4:00 PM	Social Media & Passion Problem	
4:00 - 4:30 PM	Exhibit Hall/Networking Break	
4:30 – 5:30 PM	Living your Best Path Outside the OR	
5:30 – 6:00 PM	Core Value Exercise Summary	
6:00 – 7:00 PM	Wine/Cheese/Hobbies	

Sunday, October 22, 2023		
Time	Session	
7:00 AM - 2:00 PM	Registration	
8:00 - 9:30 AM	Workshop Session #1	
9:30 - 10:00 AM	Break	
10:00 - 11:30 AM	Workshop Session #2	
11:30 AM - 1:00 PM	Lunch & Learn	
1:00 – 4:00 PM	Coaching Program Training	
7:00 – 8:00 PM	Student & Resident Mixer	





Monday, October 23, 2023		
Time	Session	
5:00 PM - 8:00 PM	Registration	
6:00 - 7:30 PM	Women in Surgery Committee Reception	
7:30 - 10:00 PM	Gala	

Tuesday, October 24, 2023	
Time	Session
7:00 -9:00 AM	Networking Breakfast

Continuing Medical Education Credit Information

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American College of Surgeons and Association of Women Surgeons. The American College of Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 CreditsTM

The American College of Surgeons designates this live activity for a maximum of **11.25** AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





AMERICAN COLLEGE OF SURGEONS DIVISION OF EDUCATION

Award of CME credits by ACS is based on compliance of the program with the ACCME accreditation requirements and does not imply endorsement by ACS of the content, the faculty, or the sponsor of the program.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program.

In accordance with the ACCME Accreditation Criteria, the American College of Surgeons must ensure that anyone in a position to control the content of the educational activity (planners and speakers/authors/discussants/moderators) has disclosed all financial relationships with any ineligible company held in the last 24 months. Please note that first authors were required to collect and submit disclosure information on behalf all other authors/contributors, if applicable.

Please CLICK HERE for the complete disclosure list.

General Information





HOTEL INFORMATION

Boston Renaissance Waterfront Hotel 606 Congress St, Boston, MA 02210 Phone: (617) 338-4111



BADGES

Your name badge admits you to attend Conference activities for which you are registered. *You must wear your name badge at all times while you are in the conference area*, to identify yourself as an AWS conference attendee.



REGISTRATION HOURS

The registration desk is located in the Pacific Ballroom *Foyer*. The registration desk will be open during the following hours:

Friday, October 20, 2023, 3:00 PM – 7:00 PM Saturday, October 21, 2023, 6:00 AM – 7:00 PM Sunday, October 22, 2023, 7:00 AM – 2:00 PM Monday, October 23, 2023, 5:00 PM – 8:00 PM



COACHING PROGRAM WORKSHOP

One workshop will be offered on Sunday, October 22, 2023. This workshop is for the AWS members who have generously volunteered to serve as a coach in 2023-2024. Please see the registration desk for more information and session availability.



PHOTOGRAPHY DISCLAIMER

Registration and attendance at the AWS 2023 Annual Conference constitutes an agreement by the registrant to allow AWS to use and distribute, now and in the future, the attendees' image photographs or electronic reproductions of conference events and activities.



NETWORKING OPPORTUNITIES

Surgeons' Lounge: featuring AWS Coaching Corner Lunch & Learn: Sunday, October 22, 2023, 11:30 AM – 1:00 PM featuring Legally Mine Breakfast: Tuesday, October 24, 2023, 7:00 – 9:00 AM featuring local artisans shopping and a brief presentation by Stryker

The Association of Women Surgeons wishes to recognize and thank the following companies for their monetary commercial support: Ethicon, Medtronic, Stryker, Scanlan, and Legally Mine.

AWS Career Center

Matching fantastic job opportunities with amazing talent!

Please visit website: <u>https://womensurgeons.careerwebsite.com/</u>

OF WOMEN SC

ASSOCIA

Join the AWS Foundation

in sponsoring activities that advance the educational and professional growth of women in surgery.



Bid now on exciting items! Your purchase will support career development opportunities for women surgeons around the world.







AWS Foundation Donors

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RUN & WALK

SUNDAY, OCTOBER 22 8:00 AM EASTERN MEET IN THE RENAISSANCE WATERFRONT LOBBY

Enjoy fresh air, exercise, Boston scenery, and the company of your fellow women surgeons while participating at your own pace.



Two routes to choose from



YOUR OPINION COUNTS

Please complete the conference evaluation. Watch your email inbox after the conference!

Let's Be Social



@womensurgeons #AWS2023

Save the Date: October 19, 2024

AWS 2024 Annual Conference San Francisco